



Grateful For A Caring Community

Our capacity to extend help and hope to people in need is strengthened by you. This work is only possible with the support of a caring community. We are so grateful for the hundreds of volunteers who cook and serve the daily meals, organize work groups for special projects like painting, organizing, and landscaping. Some recent community gifts:



Students at NP3 Elementary School in Natomas collected 2,000 pairs of socks for Fourth & Hope. Executive director, Doug Zeck, Jr., accepted the very large box at a May school assembly.

Vinny Patel of the Holiday Inn Express in Woodland recently donated much-needed towels for use at the emergency shelter.

Thank you, Vinny!



Students from Woodland Prairie Elementary School collected a truckload of toiletry and food items and walked the 2 miles to Fourth & Hope at the end of the last school year to make the delivery!



Grateful for Volunteer Jesse Mendoza

If there is one word to describe Jesse Mendoza's life's work it is **service** – to his country, his community, his neighborhood and his family.



After 14 years in the U.S. Army and National Guard, Jesse worked 32 years for the City of Woodland Parks & Recreation Department, retiring in 2010. Knowing the importance of staying active in retirement, he was familiar with Fourth & Hope after a relative of his was helped by our services, as well as being a neighborhood resident. Seeing the sidewalk in front of Fourth & Hope covered in leaves last November, he decided to clear them off. The next day he met up with Joseph Hernandez, kitchen manager, who saw him again cleaning the walkways. In a short time, Jesse was cleaning both sides of the street in front of the shelter, the alleyway, maintaining the landscape, serving lunch, and making dinner once a week.

As a former cook in the army, and assisting his mom who cooked for a labor camp in Winters, Jesse has experience cooking for large groups and has trained volunteers for us on how to make a tasty and nutritious meal for 100 people.

"I like to help out and see a lot of people happy and grateful to have a hot meal," Jesse said recently. "When the days are colder I make bean and ham soup once a week for lunch."

Jesse cares for his 2 grandsons, who enjoyed working alongside of him over the summer at Fourth & Hope. He also runs 5 miles a day "rain or shine" and often competes in races. Thank you, Jesse, for all that you do!

Working Together With Agency Partners

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We are just about one year into new partnerships with Yolo County's Health & Human Services Agency. Working together with Yolo Community Care Continuum (YCCC), CommuniCare Health Center, Elica Health Centers, Northern Valley Indian Health, Winters Healthcare Medical Clinics, Woodland Clinic and Woodland Memorial and Sutter Davis Hospitals our Bridge to Health & Housing and Extended Hope programs are working to make a positive impact in assisting people experiencing homelessness access permanent housing.

"Each and every day our outreach team is building more relationships and bridging more gaps with Yolo County service agencies to better the chances of

helping homeless individuals out in the community," said Bryan Golder, Outreach Program Manager.

Over the last year the effort has had many positive results. Some of the highlights are:

- 26 people have been assisted with finding housing
- 21 people were assisted with job placement
- 119 people have obtained health insurance
- 110 people obtained needed food assistance
- 22 people were reconnected with family in other counties or states



Outreach team member Logan Hollis



EMPTY BOWLS

Select a handmade ceramic bowl and enjoy a traditional soup lunch/dinner, featuring soups of Woodland restaurants & Silent Auction!

BECOME A SPONSOR

Available @ fourthandhope.org

TICKETS \$25

The outreach team responds to calls from hospitals several times each week. A major objective of Bridge to Health and Housing is improving the overall well-being of medically vulnerable people experiencing homelessness by targeting four determinants of health: housing stability, physical health, behavioral health, and self-sufficiency. The outreach workers and a housing navigator work to identify, assess, and triage homeless, medically vulnerable people throughout Yolo County.



Outreach Program Manager Bryan Golder with team members Samantha Provost (front) & Megan Benner (back)



SUCCESS STORIES



SHELIA

Shelia (pronounced shuh-lie-uh) heard about Fourth & Hope in spring of 2014 from an acquaintance. She had been released from 10 months in jail and needed help and hope.

Shelia found her way to Fourth & Hope and began to work on regaining stability in her life.

She re-connected with her children for the first time in over a year and began working on a plan toward stability.

“Charlotte and Johnny at Fourth & Hope let me know about housing opportunities and were very supportive,” said Shelia. “They helped me build a foundation from which to grow.”

After staying in transitional housing in Davis, establishing income through SSDI, and moving into her own housing, Shelia now volunteers daily at the shelter during lunch, and cooks dinner on Sundays. She says through Fourth & Hope, she has gained purpose, responsibility, and direction. *Note: Fourth & Hope partner agencies Davis Community Meals and Yolo County Housing Authority also helped to make Shelia’s success possible.*



MICHAEL

Having been a previous guest at the shelter, Michael returned a few months ago as he was once again homeless. He knew that safe shelter could be accessed, along with services and hope.

Michael worked with local agencies to gain stable housing, following a case plan he worked on with his case manager at the shelter.

Recognizing his need to stay busy – and give back – Michael became a volunteer at the shelter, meanwhile attending all of his meetings and appointments needed to re-gain housing.

“Michael is a hard worker and a blessing to us. We are glad to have him be part of the team,” said Joseph Hernandez, kitchen manager.

In early summer, Michael left the shelter for permanent housing. And he is still volunteering at the shelter!

Another Success Story

(this client asked that we not use his name or photo, but wanted his story told)

Entering our shelter in summer 2015 after losing his job in an industry hurt hard by the Great Recession, this long-time Woodland resident immediately began working with his case manager. He developed a plan for finding a job and housing.

A medical need requiring surgery and hospitalization interrupted his stay at the shelter, and he returned to us last fall, working with his case manager to complete a Social Security Disability Insurance application, that was then approved.

With the small income from SSDI, he was able to move into Fourth & Hope transitional housing for the 90-day maximum, after which he could only find housing in motels; costing more than his income. He returned to the shelter last spring, and applied for our Permanent Supportive Housing Program for which he was approved.

The time to act is now. You can help make better tomorrows with your gift today.



11th Annual Empty Bowls Fundraiser for the Hungry & Homeless

October 19 11:30 PM | 12:30 PM | 5:30 PM

Hotel Woodland • 435 Main Street • Woodland

Become a sponsor at fourthandhope.org

Tickets \$25

Handmade Bowls! Delicious Soup! Silent Auction!

WHAT IS EMPTY BOWLS?

Empty Bowls is a national event started in 1990 by a group of high school students in Michigan searching for a way to raise funds for a food drive.

What evolved was a class project to make ceramic bowls for a fundraising meal. Guests select a handmade bowl and then are served a simple soup lunch, donated by local restaurants.

The handmade ceramic bowls serve as a reminder that someone's bowl is always empty and that on this one day you did something to fill it.



Tickets \$25

Traditional soup lunch, featuring soups of Woodland restaurants, silent auction and raffle.

TICKETS & SPONSORSHIPS AVAILABLE

@ FOURTHANDHOPE.ORG

CORNER DRUG STORE | WOODLAND



CAN YOU HELP?

We are in need of new or gently used blankets & twin sheets for use at the shelter and in our housing program.

Donations can be dropped off at the shelter M-F | 4-6 PM